



## FOOD RESOURCES

To find more resources, follow this link [www.crisisconnections.org](http://www.crisisconnections.org), OR call 2-1-1.

### North Seattle College FOOD PANTRY

College Center Building — Room  
 CC1456 (Multipurpose Room)  
 Every Thursday 11-2:30pm

**NOTE: Temporarily  
 suspended for March 2020  
 due to COVID-19 concerns**

For updates Contact:  
[timothy.albertson@seattlecolleges.edu](mailto:timothy.albertson@seattlecolleges.edu)

### BASIC FOOD ASSISTANCE (EBT/SNAP)

[www.washingtonconnection.org](http://www.washingtonconnection.org)  
 Apply for a monthly grocery benefit from DSHS. Family income must be below 200% of the federal poverty level.  
 Contact: 1-877-501-2233  
**Need help applying?** Contact  
 Teresita Capuli, 206-934-6154 or  
[Teresita.capuli@seattlecolleges.edu](mailto:Teresita.capuli@seattlecolleges.edu)

### United Way Benefits HUB, North Seattle College, CC1151

[https://calendly.com/benefitshub\\_northseattle](https://calendly.com/benefitshub_northseattle)  
 Emergency food resources and other benefits assistance.  
 Contact: 206-604-9357 or  
 schedule online through the  
 United Way website

**SNACK CLOSET OPEN AT THE EQUITY & WELCOME CENTER (CC1151) MONDAY-FRIDAY 10AM TO 4PM**

### FOOD BANKS

*Hours subject to change. Please call before going.*

#### Ballard Food Bank

5130 Leary Way NW  
 Contact: 206-789-7800  
Serve residents in: 98107, 98109, 98177 (Seattle address only), 98119, 98199

Monday & Thursday:	2pm- 7pm
Tuesday & Wednesday:	11am- 4pm

#### Bethany Community Church

8023 Greenlake Drive N, Chapel Bldg  
 Contact: 206-524-9000  
 Serves all zip codes

Monday:	6pm- 7pm
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#### Wallingford-FamilyWorks Food Banks

1501 N 45<sup>th</sup> St  
 Contact: 206-694-6727

Tuesday:	12pm- 2pm
Thursday:	3pm- 6pm
Friday:	11am-1pm

#### Greenwood-FamilyWorks Food Banks

Salvation Army Seattle Temple Corps  
 9501 Greenwood Ave N, Seattle, WA  
 Contact: 206-694-6727- FamilyWorks  
 (206) 783-1225 - Salvation Army  
Serve residents in: 98103, 98107, 98115, 98117, 98133, 98177

Tuesday:	4:30pm- 6:30pm
Wednesday:	11 am – 2 pm (seniors) 12 -2 pm (general public)

**MORE FOOD BANK RESOURCES ON BACK**

**North Helpline- Bitter Lake**

13000 Linden Ave

Contact: 206-367-3477

Serve residents in: 98115, 98125, 98133, 98155, 98177, 98011, 98028

Saturday:

10am- 2pm

**North Helpline- Lake City**12736 33<sup>rd</sup> Ave NE

Contact: 206-367-3477

Serve residents in: 98115, 98125, 98133, 98155, 98177, 98011, 98028

Tuesday, Wed, Friday: 8am- 4pm

Thursday: 8am- 6:30pm

Saturday: 8am-11am

**Phinney Ridge Lutheran Church**

7500 Greenwood Ave N

Contact: 206-784-7964

Serves all zip codes

Tuesday: 1:15pm- 3pm

Wednesday: 6:15pm- 8pm

**University District Food Bank**

5017 Roosevelt Way NE

Contact: 206-523-7060

Serve residents in: 98102, 98103, 98105,98122,98115,98125

Monday: 9am – 3pm

Tuesday &amp; Thursday: 2pm- 8pm

Friday: 11am-4pm

If you live outside of North Seattle. Here are other food banks which may be near you.

<https://www.parenthelp123.org/resources/food-assistance-resources>

\*For all first time customers, please bring your ID as well as proof of address with you when going to food banks.\*