



## **NORTH NEWS BRIEFS**

Welcome to this month's North News Briefs. If you have news you would like to share with the North Seattle College community, please send it to [northcommunications@seattlecolleges.edu](mailto:northcommunications@seattlecolleges.edu). The content submission deadline is the last day of the month. Please try to keep your submission to 150 words or less.

## **DID YOU KNOW?**

\* **Universal Human Rights Month** – On Dec. 10, 1948, the General Assembly of the United Nations outlined the basic rights and fundamental freedoms to which we are entitled. Two years later, on Dec. 2, 1950, the General Assembly invited all member states and interested organizations to celebrate Human Rights Day. Then, on Dec. 9, 2001, President George W. Bush declared the first Human Rights Week, which has since become a monthlong worldwide observance. It is meant as a time to reflect on the way we treat others, and to do what we can in the fight for equality, especially in a time when topics such as systemic racism are widely being addressed. (Source: *NationalToday.com*)



## **PEOPLE**



\* **Welcome to North!** New members of the North team are **Casey Adams**, administrative assistant 3, Student Success Services; **Virginia Fullwood**, associate director, Facilities & Plant Operations; **Angela Lindou**, director, Grants and Planning; and **Shannon Thomas**, workforce education specialist, Instruction.

## **AROUND CAMPUS**

\* **Free Photo IDs Available to All Employees** – Free photo identification cards for all faculty and staff who want one are available in the Launch Pad. Simply visit window 1 in the Launch Pad (one stop center) on the second floor of the College Center any time Monday through Thursday between 9 and 11 a.m. or 1 and 3 p.m. to have your photo taken and receive a card. There is no charge, unless you lose your first card and need a replacement, which will cost \$7.50. Free lanyards will also be provided. The photo IDs are being offered to help build community among North team members as we



work our way out of the pandemic and more of us are on campus. The IDs also are a safety tool, serving as a visible way to help distinguish employees from other campus visitors. When you visit the Launch Pad to get your ID card, be sure to bring a government issued, photo ID (such as a driver's license, passport, military ID, or permanent residence card).

\* **EPIC Hybrid Open Mic Dec. 7** – The Experiential & Performative Instructional Center (EPIC) is excited to announce the first event in its new Stage One.2 Live Studio: the EPIC Hybrid Open Mic Live, in-person spoken word, storytelling, or music live-streamed from its new performance space via [YouTube](#) starting at 1 p.m. on Wednesday, Dec. 7. Learn more about [EPIC](#).

\* **Burnout: Breaking the Cycle Webinar** – We all experience varying levels of stress in our lives. When that stress becomes overwhelming and impairs our ability to function, it becomes burnout. This 60-minute webinar will explore the burnout phenomenon, share information about burnout cycles, identify some of the causes of burnout, and offer strategies to help manage work-related stress. Registration in advance is required for the session, which is offered through the state Employee Assistance Program. To register, select one of two dates: [Tuesday, Dec. 6, 4:30 p.m.](#), or [Monday, Dec. 12, 4:15 p.m.](#)

\* **Burnout for Leaders: Supporting Staff and Yourself** – This 60-minute webinar, intended for leaders, will explore what burnout is and how it affects staff, share information about burnout cycles and what they mean, look at leadership burnout, and identify strategies to support staff and themselves in preventing or lessening burnout. Registration in advance is required for the session, which is offered through the state Employee Assistance Program. To register, select one of two dates: [Wednesday, Dec. 7, 4:15 p.m.](#), or [Tuesday, Dec. 13, 4:30 p.m.](#)

\* **Jazz Ensemble Concert Dec. 7 in Grove Dining Room** – You are invited to the free Jazz Ensemble concert Wednesday, Dec. 7, in the Grove dining room beginning at 8 p.m. The concert will be directed by Fred Radke, with special guest vocalist Gina Funes.

\* **Inquiry Lounge: Open Forum with Safety and Security Dec. 8** – Meet David Finnie, interim director, Safety and Security, during the next Inquiry Lounge, Thursday, Dec. 8, from 3 to 4 p.m. The session will be available online and in-person, so bring your questions and topics you would like to discuss. It will be held in the Student Learning Center seminar room, HS 1636, or via [Zoom](#).

\* **Check Out Wellness Center Calendar for Workshops and Classes** – To support the health and well-being of our campus community, please see the [list of health and fitness workshops](#) offered weekly on a drop-in basis through the Roy Flores Wellness Center. (Canvas login required to access the schedule.)

\* **Native American Congressional Internship** – *Please share this opportunity with students.* Even as Native nations achieve greater levels of self-determination, Indian Country continues to be influenced by U.S. federal law and policy. The Udall Internship places students in Senate, House, and federal agency offices to learn firsthand how the U.S. government works with Native nations. Interns will gain a better understanding of the government-to-government relationship and how they can use this knowledge on behalf of their tribes. The program runs from May 24 through July 29, and the application deadline is Jan. 31, 2023. [Learn more.](#)

\* **AIA and IB BAS Programs Create Pathway for Shoreline AAAS Students** – North's Accounting with International Accounting (AIA) Bachelor of Applied Science (BAS) program and the International Business (IB) BAS program finalized an articulation agreement with the Business and Accounting AAAS (applied associate degree) programs at Shoreline Community College. This creates a pathway from business and accounting professional associate degree programs at Shoreline to the accounting and business BAS programs at NSC. This collaboration creates opportunities for Shoreline students to pursue a bachelor's degree in business or accounting and creates a partnership between the departments at each college.

\* **ECE Faculty, Staff, and Students Present on Diversity Topics at WAEYC** – Early Childhood Education (ECE) staff, faculty, and students presented at the Washington Association for the Education of Young Children (WAEYC) conference. An NSC ECE faculty member, and current and former ECE BAS students, presented on diversifying the Early Childhood workforce. ECE faculty members also presented a session titled, *It's All About the Books: Representation Matters.*

\* **U.S. Department of Education Under Secretary James Kvaal Visits NSC** – North hosted U.S. Department of Education Under Secretary James Kvaal on Nov. 4. Kvaal's visit to NSC focused on the college's Integrated Basic Education Skills and Training (I-BEST) and Early Childhood Education (ECE) programs. During the visit, Kvaal met with I-BEST ECE students, faculty, and staff. He also toured NSC's Equity, Diversity, Inclusion and Community offices, the campus Equity & Welcome Center, and AANAPISI, TRiO, and LSAMP offices.

\* **Make Sure You Receive Emergency Alerts** – As we move into the winter months and inclement weather is more of a threat to close campus or delay starting times, it is important that all of us have up-to-date contact information in the [SeattleCollegesAlerts](#) system. The system, known as RAVE, is the primary and official notification system used across Seattle Colleges to notify students, faculty, and staff of weather and other emergencies. By default, all staff, faculty, and students will receive emails through the system. It is recommended you opt in for text and phone messages to your mobile device for alerts regarding closures and potential emergencies. Learn more about the system [here](#), including how to update your information and preferences.

\* **Construction Updates** – Here is an update on current campus projects:

- Library – Second floor windows are still being installed; mechanical, electrical, and plumbing is almost complete. HVAC and fire protection is underway, and both entry and storefront on the second floor are framed. HVAC motor controls and plenums are currently being constructed and installed in the second and third floor mechanical tower. As the second and third floor get closer to completion, the shift will move to the first and ground-level floors. We are still on track for substantial completion on June 13, 2023.
- Mechanical Upgrades – New dampers with electronic actuators are currently installed in towers 1 and 2 of the Instruction building (IB) and both towers in the Arts & Sciences (AS) building. Some of this work was delayed due to the recent electrical fire in the Arts & Sciences electrical room. We expect this project to be completed by the end of the year.
- Classroom Renovations – We are working on replacing all carpeting on the third floor of the IB & College Center buildings, and updating all furniture to meet ADA standards. This will be a huge undertaking, and we expect to work on approximately five classrooms each day to minimize the impact on students and faculty. More details to follow as we narrow down the scope of work and timeline.
- ESCO Phase 2 – Our Energy Conservation project was just completed and closed out. As a reminder, phase 1 saw weather stripping installed around doors, HVAC duct sealing throughout campus, water conservation devices installed in labs, restrooms, and breakrooms, and new LED lighting replacing the old fluorescent tubes in offices, common areas, exterior walkways, and parking lots. We are just about ready to kick off phase 2. This second phase will be installing a solar array on the roof of the Opportunity Center. This new solar array will create power and reduce our energy demand from Seattle City Light while getting an energy rebate at the same time.
- Facilities Update – With the work to restore power to the AS building, heat to the north end of IB, and clearing snow for safe travel around campus, Facilities has fallen behind our day-to-day work orders and key requests. We appreciate everyone's patience and understanding as we work diligently to address all issues in level of priority.