



AREAS OF KNOWLEDGE DISTRIBUTION REQUIREMENTS

COURSE LIST FOR 2025-2026 ACADEMIC YEAR

This list is accurate for North Seattle College (NSC) in the 2025-2026 academic year. Additional courses may be added throughout the year or may no longer be offered. Courses taken previously at NSC or at Seattle Central or South Seattle College which satisfy requirements will fulfill requirements at NSC. Each degree has different requirements and restrictions. Utilize this guide in conjunction with the degree worksheets and check with your advisor or retention specialist to make sure your courses fulfill requirements for your degree.

VISUAL, LITERARY, AND PERFORMING ARTS (VLPA) (Humanities and Arts)

No more than five credits each of a world language at the 100 level and a studio/performance class (*asterisked below) may be applied to the distribution requirements.

Art: ART 101*, 102*, 111*, 112*, 113*, 114*, 115*, 121*, 122*, 123*, 190, 191, 201*, 202*, 203*, 204*, 210*, 211*, 212*, 213*, 214*, 216*, 221*, 222*, 223*, 240*, 251, 252, 253, 255, 258, 280*, 281*, 282*, 283*, 284*, 290
American Sign Language: ASL &121, &122, &123
Communication: CMST &101, &102, 205, &210, &220, &230
English: ENGL 104, &111, &114, 115, 116, 151, 152, 153, &231, 265, 291, 293
French: FRCH &121, &122, &123
Humanities: HUM &101, 105, 110, 200, 215
Japanese: JAPN &121, &122, &123
Music: MUSC &105, 110, 113, 125, 130*, 135*, 136*, 138*, 154, 171*, 185, 204
Spanish: SPAN &121, &122, &123

INDIVIDUALS, CULTURES, AND SOCIETIES (ICS) (Social Sciences)

American Ethnic Studies: AME 151, 201
Anthropology: ANTH &100, 130, 135, &206, 275, 297
Economics: ECON 100, &201, &202,
Environmental Science: ENVS &100, 101,
History: HIST &126, &127, &128, &146, &147, &148, 150, &214
Humanities: HUM &101, 105, 215
Philosophy: PHIL &101, 102, 110, 111,
Political Science: POLS &101, 111, &202, &203 213
Psychology: PSYC &100, &200, 209, &220, 230, 245, 257, 271
Sociology: SOC &101, 215, 230, 245, 257, 271
Social Science: SSC 101
Gender and Women's Studies: WMN 200, 205, 213, 257

See second page for Natural World (NW) listings

THE NATURAL WORLD (NW) (Natural and Physical Sciences)

*Denotes lab science class

Astronomy: ASTR &100

Biology: BIOL &100*, &125*, &160*, &211*, &212*, &213*, &241, &242, &260*

Chemistry: CHEM &110*, &121*, &131*, &139, &161*, &162*, &163*, &241, &242, &243, &251*, &252*, 255, 256

Environmental Science: ENVS &100, &101*, 120

Geology: GEOL &101*, 106, 111*

Health: HEA 150, 180

Nutrition: NUTR &101

Physics: PHYS &114*, &115*, &116*, &221*, &222*, &223*

Science: SCI 111*, 112*, 113*, 116*, 121*, 122*

THE NATURAL WORLD – RESTRICTED (check your degree requirements)

●AA-DTA: Up to five credits total allowed

●AB-DTA/MRP: No restricted classes allowed in NW category (Math&148 or 151 fulfills QSR requirement)

●AS-DTA, AS-T degrees and CSC-DTA/MRP: no restrictions, consult advisor to select courses for your major

Anthropology: ANTH &204, &205, 275

Computer Science: CSC 110, 111, 142, 143

Engineering: ENGR 110, &204, &214, &215, &224, &225, 240

Mathematics: All MATH college transfer courses numbered 102 and above. Excludes Technical MATH courses (not-transferable)

Philosophy: PHIL &120

Psychology: PSYC 222