

Integrated Studies 2024-2025 Schedule

To register for Integrated Studies courses, go to the **Integrated Studies Subject** in the ctLink class schedule. You will **register for the courses together as INTS** and not as separate individual classes.

Class Search



Select all the required (*) search criteria.

Term: * FALL 2024	Subject Begins With	Subject: Integrated Studies
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Integrated Studies (INTS) courses are a great way to complete multiple AA Degree Requirements with a single class. Please see the "classes" column for each integrated studies offering for details.

Summer 2024 LINK

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 101 DZ1-LEC (11641)	Online	Beyond the Headlines: How to Research, Analyze and Understand News Media	Do you care about being informed about the world but hate watching/reading the news? Or, do you love news but find yourself wondering about the choices that go into producing it? Are you wondering about where to find reliable news these days? In this course, you'll dive deep into critical thinking about our news media outlets. In the research component, you'll learn how to formulate a viable research question, develop successful search terms and strategies, critically analyze your sources, and explore the current academic conversation around news media in order to develop your own ideas about the news.	<p>This link includes these two courses:</p> <ul style="list-style-type: none"> ● ENGL& 102 Composition II (Composition) ● SSC 101 Intro to Research Skills (ICS) <p>Prerequisite: Completion of ENGL& 101 with a 1.0 or higher.</p>	8	Kennan Knudson Shireen Deboo

Fall 2024

COORDINATED COURSES

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 100 CH1-LEC (27149)	M/W 10:00am - 12:50pm Hybrid	Deconstructing Democracy: The American Presidency, Media, and Identity	This 10-credit Coordinated Studies class will explore the institution of American democracy through a cultural studies lens. We will examine how US democratic institutions are constructed, interpreted, and represented in media, popular discourse, and the public, as well as how “partisanship” has become identity. We will also focus on how mass media, particularly television and the internet, has become a major influence in the political process. This course aims to address these themes through reading critical work, viewing/consuming current media, and through individual writing and collaborative projects.	<p>After the quarter begins, you’ll select TWO of the following Courses:</p> <ul style="list-style-type: none"> ENGL& 102 Composition II (Composition) HUM 200 Reading the Media (VLPA, US Cultures, Communication) POLS& 202 American Government (ICS) POLS 111 American Presidency (ICS) <p>Prerequisite: Completion of ENGL& 101 with a 1.0 or higher.</p>	10	Zachary Gass Justina Rompogren
INTS 100 CH2-LEC (27150)	T/TH 10:00am - 12:50pm Hybrid	Living Your Best Life: Connecting the Mind, Body, and Behavior	In the last few years, we have all experienced many stressors: a global pandemic, a tumultuous political landscape, mental and physical health challenges, and more. How do we cope with such enormous	<p>After the quarter begins, you’ll select TWO of the following Courses:</p> <ul style="list-style-type: none"> PSYC& 100 General Psychology (ICS) 	10	Melissa Grinley Trish Root

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
			challenges? How can we build stronger, healthier lives and the resilience to deal with the future obstacles that will come our way? This course will combine evidence-based practices with the science of what we know about physical and mental health from both a health education and a psychological standpoint, to help all of us to continue to grow and be our best selves despite a difficult world.	<ul style="list-style-type: none"> ● PSYC 109 Positive Psychology (ICS) ● HEA 150 Health and Human Sexuality (Natural World) ● HEA 180 Women's Health Issues <p>Prerequisites: Placement into ENGL& 101</p>		

Fall 2024 LINK

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 101.Z4 (27256)	ENGL& 102: MWF 11:00am - 12:25pm SSC 101: Online	Perspectives on Education & Research	Through reading, writing, and research, students consider what it means to be educated. Course readings from various genres illustrate education's relationship to culture, economics, power, and oppression. Students may take ENGL& 102 and SSC 101 Introduction to Research as an IS linked class. The benefit of this link is deeper understanding of	<p>This link includes these two courses:</p> <ul style="list-style-type: none"> ● ENGL& 102 Composition II (Composition) ● SSC 101 Intro to Research Skills (ICS) <p>Prerequisite: Completion of ENGL& 101 with a 1.0 or higher.</p>	8	Caroline Conley Laura McCracken

			college-level research, specifically how that intertwines with composition.			
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Winter 2025

COORDINATED COURSE

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 100 CH1-LEC	Tu/Th 10:00am - 12:50pm Hybrid	Getting Graphic about Equity and Identity	In this 10 credit coordinated course, we will be “getting graphic” with issues of equity and identity as we examine some of the origin stories of our institutions, systems of power, discourses and languages, cultures and communities. At the same time, we will reflect on our own origin stories and how they have been impacted by our experiences with and within larger social institutions. We will also consider how our cultures of origin and/or mainstream culture inform the stories we tell ourselves about both ourselves and others. As part of this pursuit, we will read and analyze zines and graphic novels, and explore what these mediums reveal about inequities in our society, the forms they take, and	<p>After the quarter begins, you’ll select TWO of the following Courses:</p> <ul style="list-style-type: none"> ● ENGL& 102 Composition II ● ENGL 116 Graphic Novels (VLPA) ● HUM 105 Intercultural Communication (VLPA or ICS, US Cultures, Communications) <p>The students also have the option to sign up for an additional two-credit course from this list:</p> <ul style="list-style-type: none"> ● HUM 299 Independent Study 	10	Cathryn Cabral Terri Chung

			some ways to survive and resist them. The course will fulfill US Cultures, Communication, Composition, VLPA, and Integrated Studies requirements.	Prerequisites: Placement into ENGL& 101		
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Winter 2025 LINKS

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 101 DZ1-LEC	Online	Is Social Justice Dead?	Is Social Justice Dead? With some US political figures espousing xenophobic and racist rhetoric, we are at a point in history when it is imperative to examine the structure of American government, political ideologies and the philosophies behind them all. As some states pass controversial state bills that are being called exclusionary, presidential candidates have addressed social justice issues such as rights and duties in social institutions, the distribution of wealth, equal opportunity and equity of outcome. Now is the time to look at the nature and philosophical origins of democratic government itself.	<p>This link includes these two courses:</p> <ul style="list-style-type: none"> ● PHIL 110 Intro to Social Ethics (ICS) ● POLS& 202 American Government (ICS) <p>Prerequisites: None</p>	10	Jonathan Harrington Olga Vishnyakova

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 102	ENVS& 101 Mo/We 10:00 am–12:00 pm SSC 101: Online Virtual/ Hybrid	Question Authority: Challenging Dominant Narratives in Science	Who do you trust? How do you know information is credible? In the technological age where most Americans receive their news from social media or late-night comedy shows it is more important than ever to be discerning about where we get our information and whether that information is credible. Particularly, about topics that impact every living organism on the planet, like climate change and other important Environmental issues. But who decides what's credible? In modern history academic and scientific experts have been the gatekeepers of reliable and credible information. Has that always been the case? What voices and perspectives are left out of academic knowledge spaces? How can we broaden our perspective of what is credible, while discerning what is fact and what is fiction? We don't have all the answers, but we'll explore these concepts together to generate answers... and maybe more questions! This hard link fulfills the Integrated Studies requirement of the AA Degree and includes these TWO classes: ENVS& 101-Intro to Environmental Science w/ Lab (NW, Global Studies) and SSC 101-Intro to Research Skills.	After the beginning of the quarter, students will be re-enrolled in these two classes and must participate all days/times listed: <ul style="list-style-type: none"> ● ENVS& 101 Intro to Environmental Science w/ Lab, (Natural World with Lab, Global Studies) ● SSC 101 Intro to Research Skills (ICS) 	8	Caroline Pew Ana Villar

Spring 2025

COORDINATED COURSES

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 100 CH1-LEC	M/W 9:00am - 12:50 pm Hybrid	Art of the Book	In this 10-12 credit coordinated studies course, we will examine whose stories are told in dominant mainstream society and by whom and how they reveal social inequities. We will explore how art and writing have the power to amplify the voices of marginalized individuals and communities. Students will produce essays, zines, and artist books as we investigate the ways society shapes our understanding of ourselves, of others, and of our relative positions of power. We will consider and play within the creative possibilities of text and material as we learn the techniques in book construction and writing.	<p>After the quarter begins, you'll select TWO of the following Courses:</p> <ul style="list-style-type: none"> ● ENGL& 102 Composition II (Composition) ● ART 240 Book Arts (VLPA) ● HUM 105 Intercultural Communication (VLPA or ICS, US Cultures, Communications) <p>Prerequisites: Completion of ENGL& 101 with a 1.0 or higher.</p>	10	Terri Chung Kelda Martensen
INTS 100 CH2-LEC	Tu/Th 10:00am -1:30pm Hybrid	Days of Our Lives	In Days of Our Lives, we will examine human development through a psychological lens while reading and writing about real life experiences. Students will have the opportunity to create poetry, short fiction, and even	<p>After the quarter begins, you'll select TWO of the following Courses:</p> <ul style="list-style-type: none"> ● ENGL& 102 Composition II 	10	Dani Blackman Melissa Grinley

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
			one-act plays as they delve into the research around how our bodies, minds, and behavior change from birth to death. You will have the time of your life!	<ul style="list-style-type: none"> ENGL 151/152/153 Creative Writing (VLPA, Communication) PSYC& 200 Lifespan Psychology (ICS) <p>Prerequisites: Completion of ENGL& 101 with a 1.0 or higher.</p>		

Spring 2025 LINKS

REGISTER FOR:	Class Time	Course Title	Description	Classes	Credits	Instructors
INTS 101	Online	Race and Culture: an American History	Race and Culture: an American History analyzes fundamental historical and contemporary issues (economic, political, and cultural) of Black, Indigenous and People of Color in the USA since 1492. Through primary and secondary sources, students learn to communicate their own connections to the U.S. past. Take with SSC 101-Introduction to Research Skills for Integrated Studies and US Cultures AA degree requirements.	<p>This link includes these two courses:</p> <ul style="list-style-type: none"> HIST 150 Race and Culture in the United States (US Cultures, ICS) SSC 101 Intro to Research Skills (ICS) 	8	Cristobal Borges Zola Mumford

INTS 102	<p>SCI 121: T/TH 10:00 - 11:50am</p> <p>HDC 119: 12-12:50p m</p>	<p>Building Stress Resilience for Natural Disasters and Climate Change</p>	<p>Have you ever felt overwhelmed by climate change? You're not alone. Many of us feel helpless when we ponder such a large existential threat. It can be easy to become apathetic because we feel like it's too late and there's nothing we can do. But this couldn't be further from the truth! There's still a lot we can do to protect the earth and avoid the worst impacts of climate change, but we need to be able to manage climate-related stress to remain engaged as learners and activists.</p> <p>This Integrated Studies course explores where climate science intersects with mental health. In SCI121, we will be studying the causes and impacts of natural disasters and climate change. In HDC119, we will be studying the human nervous system and how to regulate our response to climate change so we can be moved toward action, community, and hope. We will learn about how climate change has and continues to disproportionately impact marginalized communities. We will also discuss indigenous people who have been and continue to be at the forefront of stewarding and protecting the environment. We look forward to learning with and from you as we consider the stark realities of climate change alongside hope for our future.</p>	<p>This link includes these two courses:</p> <ul style="list-style-type: none"> ● SCI121 Natural Disasters (Natural World with Lab) ● HDC119 Stress Management (Elective) 	8	<p>Melissa Allen Caroline Pew</p>
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